

The Encourager

APRIL 2024

Easter at St. Barnabas































EASTER MESSAGE FROM PRESIDING BISHOP MICHAEL B. CURRY

This is Bishop Curry's last year to serve as Presiding Bishop. He has been an inspirational and unifying leader, who will be greatly missed. The 28th Presiding Bishop will be elected at the 81st General Convention in July, 2024, to be held in Louisville, Kentucky.

Hello to my beloved family in Christ. I want to take this opportunity, first of all, on behalf of my wife, Sharon, and our family, to thank you. To thank you for your prayers, to thank you for your well wishes, your expressions of support and kindness. We are equally thankful for the blessing of remarkable medical care and pastoral support. As you may know, I've been working a bit from home—at a reduced level, to be sure, but I'm gradually increasing that.

Just two weeks ago, my medical team approved me to drive locally and to resume short domestic flights. I can't tell you how much your prayers have sustained me and my family through this medical journey. Prayer matters. We don't always know how. We don't always know or understand the outcome.

But prayer matters, and it makes a difference. Over the last several months, I have not known how this would all work out. But I've been very aware, and in some particular moments, consciously aware of being upheld in prayer by you. Without consciously deciding to do it, I actually found myself praying some words from Psalm 3I, which says, "Into your hands, I commend my spirit."

Before surgeries and treatments, through some long nights, difficult days, "Into your hands, I commend my spirit." These words are part of a prayer that is Psalm 31 in the Hebrew scriptures. The late night service of Compline uses that psalm as a prayer before going to sleep at night.

Luke's Gospel records Jesus praying these very words, that psalm, on the cross, when he had a sense of what lay before him, but could not know the outcome. He didn't know with any certainty if and how God would act. He didn't know, as the old preachers used to say, Good Friday's always happened, but Sunday's always coming. He didn't know with any certainty that resurrection would become real and not a mere metaphor.

But as he died into the unknown, he did one thing: He threw himself completely into the hands of God. "Father, into thy hands, I commend my spirit."

And in that moment, Luke's Gospel says, he breathed his last. And though he died, death did not have the last word, though he did die. He died into the hands of God and slipped out of the grip of death.

And as we now know, on the third day he rose again, and he lives. As William Cowper said in a poem that later became a hymn, "God moves in mysterious ways, his wonders to perform, he plants his footstep in the sea and rides upon the storm."

So God love you. God bless you. May the God who rides upon our storms and raised Jesus of Nazareth from the dead hold us all, the entire human family and all of God's grand and glorious creation in those almighty hands of love. Have a blessed Holy Week and Easter.

FOOD AND FAITH—A WOMEN'S RETREAT

Saturday, April 20, 2024 9 am to 3 pm Registration deadline is April 12

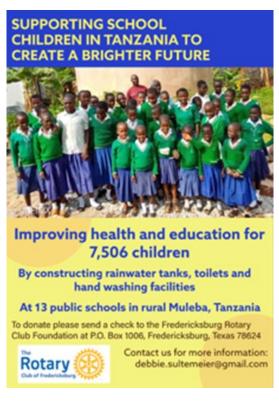
The Rev. Kate Walker will lead a retreat titled "Food and Faith" for all St. Barnabas women on Saturday, April 20. Rev. Walker has a M. Div. from SMU and began her work as a paster in 1984. She served the Methodist Church in various positions before retiring in 2018. She and her husband Charlie have wintered in Fredericksburg since 2017 and moved here in 2022. Rev. Walker will give two sessions:

Made in the Image of God: Feasting and Fasting-am

The Bread of Life: Hospitality and Caring for the World—pm

We'll begin at 9 am with a continental breakfast and lunch will be provided. The day will conclude with worship and Holy Eucharist. Cost is \$20.

This event is sponsored by the Daughters of the King. *All are welcome!* To register, contact Carol Schreider at carol@stbarnabasfbg.org or (830) 997-5762.



ST. BARNABAS SUPPORTS ROTARY PROJECT IN TANZANIA

by Bob Bates

Sometimes in life things happen that put a smile on your heart. St. Barnabas is contributing to the Rotary Club of Fredericksburg's project to make a life changing difference for 7,506 students and teachers in rural northwest Tanzania. The region is among the poorest in the world and gets very little support from it's government.

An initial project, completed in 2019, was built at a Catholic church and school and provided rainwater catchment and filters, latrines, hand washing facilities and incinerators for feminine hygiene waste products. Seven additional schools have also received similar facilities. These facilities were built under the direct supervision of Fr. Deo, a Catholic priest, and Jovin (Treasurer of the Rotary Club of Karangwa) with frequent communication with our team. All are still in great condition and serving the Church, school and surrounding communities.

The most recent project targets 13 schools "in the bush" where there is no clean drinking water, rest rooms, or hand washing facilities. The people are learning to make soap and use it for cleaning. We can celebrate the fact that St. Barnabas is a significant contributor to this effort. The total cost is estimated at \$300,000; we are beginning work on two schools this year. Funds are currently sufficient for the first school and half-way for the second.

The other two Rotary Clubs in Fredericksburg and several in surrounding communities are also supporting this project. Individuals are encouraged to participate, if so inclined. Contact Bob Bates at (361) 550-3430 or 1943rab@gmail.com for more information.

PILGRIMAGE INTO THE LAST THIRD OF LIFE

A Study from the Wisdom Years Ministry

Starting on April 18 and ending on May 23, The Wisdom Years Ministry will offer a study on ZOOM that shows those in the third season of their lives how they can open themselves to God and to the abundant life God offers to elders. The study will be based on the book, "Pilgrimage into the Last Third of Life" by Jane Marie Thibault and Richard L. Morgan. The class meets weekly on ZOOM from 4—5:15 pm on Thursdays.

This pilgrimage contains these gateways:

- facing aging and dying and living with limitations;
- living in and out of community
- doing inner work, prayer and contemplation; and
- redeeming loss and suffering.

We will focus on "leaving a legacy" from June 13—27. The class is free, but members must acquire books.

The Wisdom Years is a ministry of the Diocese of West Texas. Many who participate regularly have proven that ZOOM is no barrier to forming community. (https://wisdomyears.org/a-pilgrimage-for-the-later-years/) Contact Marjorie George for more information at marjoriegeorge62@gmail.com.

CHILDREN AND YOUTH

A PRAYER FOR THE CARE OF CHILDREN

Almighty God, heavenly Father, you have blessed us with the joy and care of children: Give us calm strength and patient wisdom as we bring them up, that we may teach them to love whatever is just and true and good, following the example of our Savior Jesus Christ. Amen.

GODLY PLAY FOR PRE-K THROUGH 5TH GRADE CHILDREN

GODLY PLAY supports the spiritual growth of children through Bible stories, liturgical action, parables and silence, leaving lots of room for wonder and the work of the Holy Spirit. An interactive lesson on Holy Baptism is the focus of the next weeks.

The SPROUTS CLASS is for children in Pre-K through 1st grade.
The ROOTS CLASS is for children in 2nd through 5th grade.



GODLY PLAY HELPERS ARE NEEDED!

If you are interested in serving as a storyteller, door keeper, shepherd, or feast provider, or have questions about the program, please contact Emily Bowyer at emily@stbarnabasfbg.org.

YOUTH SUNDAY SCHOOL

All 6th to 12th graders and their parents are invited to join us each Sunday at 10:01 am in Room 119, where we will continue our study of the Bible watching the Bible Project on You Tube. This semester we will be learning about the New Testament.

NURSERY

The Nursery is open on Sundays from 8:45 am to 12:15 pm for children ages newborn to three years old.

WE ARE HIRING!

St. Barnabas MOMS MORNING OFF is looking for an enthusiastic individual who LOVES kids!

We offer competitive pay and a sign-on bonus!

This position is perfect for any retired or stay-at-home moms who are looking to make a difference in a child's life. To apply, swing by the St. Barnabas Church office for an application or reach out to Nancy at nancy@stbarnabasfbg.org.



Stay in the know!

- Follow @stbarnabasfbg on Instagram & Facebook
- Web updates at https://www.stbarnabasfbg.org/youth
- Contact Emily Bowyer, Coordinator of Children's Ministries (830) 997-5762 and emily@stbarnabasfbg.org

ADULT SUNDAY SCHOOL

ALL SUNDAY SCHOOL CLASSES MEET FROM 10 TO 11 AM ON SUNDAY.

BIBLE STUDY

The BIBLE STUDY class gathers in the Christian Education Building (CEB). They are studying the book of James. Contact the Cyndie Williams for more information at cyndiewilliams@mac.com. All are welcome!

ADULTING—A CLASS FOR YOUNGSTERS UNDER 50

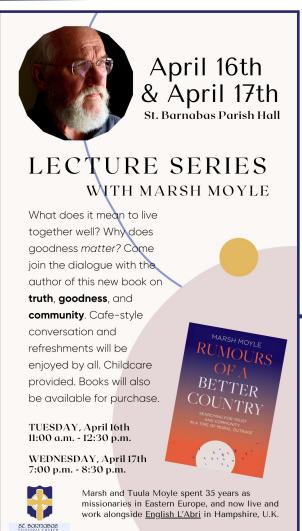
The ADULTING class meets in the parlor of the CEB. They will be discussing the intro and first chapter of Marsh Moyle's book (see below).

OTHER VOICES

Contact Beverly Carnes for information about the **OTHER VOICES** class. They meet in the EfM room in the CEB. All are welcome.

LOST AND FOUND

The LOST AND FOUND class welcomes all St. Barnabas women to join them in the library. Members of the class take turns facilitating their discussion. Contact Nan Mosley for information



ALTAR FLOWERS

If you would like to dedicate the Sunday altar flowers in memory or honor of a loved one, contact Carol at 830-997-5762 or carol@stbarnabasfbg.org. Your message will appear in the Sunday bulletin on the date you specify. The cost is \$50; make your check out to St. Barnabas with "Altar Flowers" on the subject line. Church staff will order the flowers.

APRIL 14 IS FOOD SUNDAY

Thank you for your support of our Food Box. You are providing much needed food for those in need in our community. Please continue to bring nutritious shelf-stable food. Make sure items are not past their "best by" date. Leave food items in the Narthex or the Office Lobby.

ST. BARNABAS VESTRY

Jenny Weiser, Sr. Warden Cindy Scroggins, Treasurer Katharine Brundrett, Secretary

Joe Simmons Kris Riojas
Chris Valentine Ben Edgerton
John Wells Teresa Gabriel
Sheila Dubois Tim Kirchner

EfM is Moving!

To a new time.



WHAT IS EFM AND WHY IS IT CHANGING TIMES?

EfM (Education for Ministry) is a lay seminary course of study designed for adults that want to engage deeply in scripture, Christian Church history, and theology.

Beginning in late August 2024, the EfM seminar will meet on Tuesday nights from 6 to 9 pm in order to accommodate people who are working during the day.

Education for Ministry (EfM) is a four-year course (with a one year at a time commitment) that integrates critical biblical scholarship, church history, theology, and philosophy, while also providing practical skills such as theological reflection and insights into every individual's Christian vocation. The program presents a process of intellectual and spiritual growth that has proven to be transformative to many. EfM 2024-2025 will meet weekly beginning in late August and ending in May, with holidays at Thanksgiving, Christmas, and Easter.

For almost fifty years, the Episcopal Church and the School of Theology at Sewanee – The University of the South - have sponsored Education for Ministry. The course is conducted through local groups led by one or more mentors. There are many EfM groups across the U.S. and internationally. The Saint Barnabas group is usually limited to no more than 10 or 11 members and is mentored by Tom Carnes.

The four-year study uses published texts and essays as well as the Bible in its curriculum. Year One focuses on the Old Testament; Year Two on the New Testament; Year Three, on Christian Church history; Year Four, on theology, ethics and interfaith encounters. All participants meet together in a format that encourages group building and sharing.

Each prospective participant will meet with the mentor, to ensure that there is an appropriate fit between a prospective participant's expectations and program content. During May, EfM team members will be at a table outside at all Sunday morning services to answer questions and to offer their own insights.

Contact Tom Carnes at tcarnes@thomaspcarnes.com for more information.

Brothers and Sisters Say Goodbye to Martha Zeiher

On March I, the Brothers and Sisters gathered to say goodbye to Martha and Tom Zeiher with a pot-luck dinner. Martha has been an active member of the Brothers and Sisters Immigration Ministry since it began.

Pictured from left to right are Jeff Walker, Gary and Mary Jo Green, Jacquie Himes, Bud Parish, Karin and Christopher Melville, Tom and Martha Zeiher. (Not pictured is Nancy Walker>)





PARISH PRAYER LIST

WE PRAY FOR:

Dorothy Gorden; Mike Taylor; Carolyn Atkins; John Dull; Pam Warren; Ellen Hill; Ron Lewis; Samuel; Rosanna; Mary Priestley; Jo Hallmark; Bob Gates; Marti Davis; Cheryl Knode; John Boudreau; Tom Warmbrodt; Kathy Ray; Cathy; Clair Pasahow; Sheri Bates Matthews; Anna Kessler; Angela Grannan, George Edmonston; Randy & family; John Lehotsky; Kevin Colvin; Pat McCarthy; The Ukrainian Conflict; The Rev. Annie Finn; Will Rothrock; Janet Townsend; Brandon & Kirsten; Howard Crosby; Greta Tuttle Gehring; Susan Ondich; Pete Golman; Donald Money; Cay Meadows; Scot & JeriLynne Clifford; Tadeo; Susie Hever; Grant; Walt Biddle; The Smith Family; Mike Massengale; The People of Israel and Palestine; Lynn Meadows; Karin Melville; Carson Dickie; Bill Beakly; Ken Shaeffer; Cael Matthews; Helen H; Conflict in Myanmar (Burma); Pat Tuttle; Eden LeMay; Hunter Williams; August Detering.

WE PRAY FOR THOSE WHO HAVE DIED: Rev. Charles Berry, Jr, and Shirley Crooks

APRIL ANNIVERSARIES

3rd Karin & Christopher Melville
 7th Evelyn & John Washburne
 15th Allison & Bob Drury, Jr.
 20th Kathy & Bud Parrish

9th Melissa & Bur Dobbins 22nd Angie & Joe Cross

IIth Molly & Byron Fanning Beverly Chapman & Chuck Frazier Katherine & Stevyn Herring

APRIL BIRTHDAYS

Roylynne Brocksch 12th Grazyna Larson 19th Adele Wells Ist Karsten Hansen 13th Jonathan Godfrey 20th George Pipkin 3rd Cindy Eberle Catherine McIntyre 21st Emmerson Daily **Sharon Smith** 14th Gus Sumners Dan Neelon 5th Polina Konstantinova 15th Christy Drescher 22nd Miles Hammond 7th Juli Bahlinger Kirk Walden 23rd Nancy Neelon **Katherine Herring** 16th Michelle Hodges 24th Rusty Eberle 8th Kimberly Hopkins Alex Keller 29th Emilie Cox 10th Rose Mary Gatlin Wayne Seipp Ann Mcgee **Brooks Harding** Ginny Thomason

Mary Lou White

Our Bins Overfloweth!

Christi Sumners

The St. Barnabas recycling program is in danger of being discontinued. If you are one of the many people who put items in the recycling bins, please sign up to take at least one type of recyclable. We have a list of places that receive the different items. Martha Zeiher, who just moved from Fredericksburg, faithfully took items, so now we must have new recycling volunteers.





CHURCH CLERGY AND STAFF:

Rector: The Rev. Jeff Hammond
Lay Pastoral Minister: Morey Weldon

Liturgical Ministry Coordinator: Molly Martin

Parish Administrator: JD Detterman Office Assistant: Carol Schreider

Children's Ministries Coordinator: Emily Bowyer

Youth Minister: Chris Acton
Director of Music: Hazel Hanson
MMO Director: Nancy Lopez-Taylor

MUSTANG ISLAND MEDITATIVE YOGA RETREAT—May 10 to May 12

Escape to your island home for a weekend centered on the healing, rejuvenating, life-giving practices of yoga, meditation, and contemplative Christian prayer. This retreat is open to all, no matter your yoga or meditation experience.

Check-in is at 4:00 p.m. on Friday, and the retreat concludes after lunch on Sunday. Come spend a relaxing weekend on the beach participating in a mix of peaceful solitude and community fellowship. The cost for the retreat is \$336 single occupancy; \$276 (per person) double occupancy; or \$130 for Saturday-only commuter rate.

Costs include all meals. Scholarships are available.

Registration: https://www.dwtx.org/events/mustang-island-meditative-yoga-retreat-2 Questions? Please contact Lynn Corby at 361-749-1800 or lynn.corby@dwtx.org.

