

In today's podcast, Bishop Curry talks about prayer. There is a conversation about the traditional act of prayer and other ways of praying.

I still remember vividly my Dad praying each night before he went to bed. He would kneel next to the bed (much like a child) and offer his prayers to God. This act of faith was a very powerful witness to me. It seemed like such a humble thing for someone who was larger than life to me. Even in my 30s, I occasionally witnessed this act of prayer and was still amazed.

There is not a "way" to pray. There is not a "correct" form of prayer. Bishop Curry describes prayer in some cases as the way we use the gifts that God has given us. Prayers can be offered through art, prayers can be offered through conversation with someone who is sick, prayers can be offered through the gift of food, prayers can be offered in an infinite number of ways.

What is important is to set aside time to be with God each day.

One of Bishop Curry's guests talked about a couple of apps she used for prayer.

Pray As You Go is a daily prayer session, designed to go with you wherever you go, to help you pray whenever you find time but particularly while traveling to and from work, study, etc. You can download the app by searching for "Pray as You Go".

Ceaseless Prayer is an app that sends you three names for which to pray each day. The catch is that the names come from your contact list. The guest on the podcast jokingly told Bishop Curry that she prayed for Delta Airlines because they were one of the contacts on your list. When I ran this app, it gave me the name of a contractor, a person from an old church, and the father of one of Elizabeth's friends. It was sort of fun.